

Getting to grips with treatment

Before your treatment begins, your medical team will work to design a treatment plan that will work best for you as an individual – they may even speak with doctors or surgeons in other hospitals to see what they think.

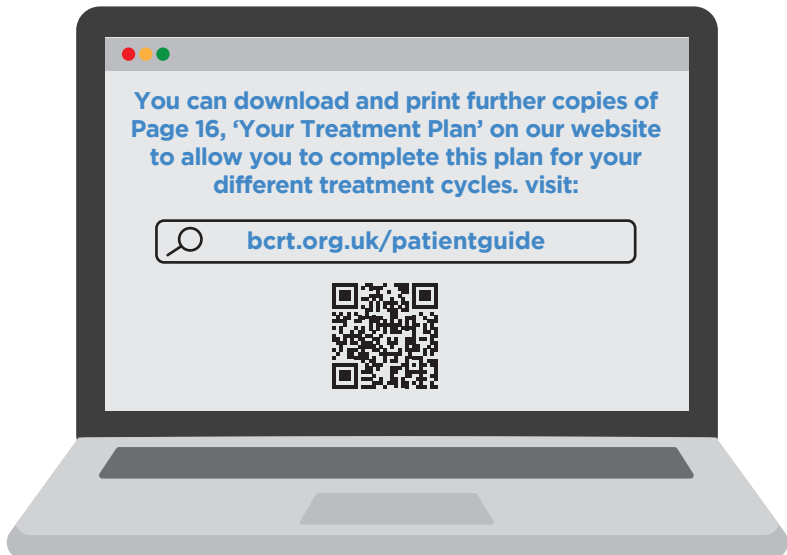
You will be told all about this treatment plan and given the opportunity to ask any questions and clear up any uncertainties. Your doctor will complete a ‘Treatment Summary’ that you are able to keep a copy of to share with your GP, or at any other appointments.

However, you may wish to keep track of the treatment you have received, or will be receiving in the future, in your own

words. You can refer to this at any time, or use it to help you explain your treatment to family or friends.

You may find it useful to fill out the grid on the next page alongside your clinical nurse specialist.

Ewing sarcoma patients may be discussed during a NEMDT meeting. This stands for ‘National Ewing Multidisciplinary Team’ and allows a patient’s treatment plan for surgery or radiotherapy to be discussed by experts across the UK. Get in touch with us if you want to know more, or ask your key worker for more information.



My treatment plan

| | | | | |
|--------------------------------|--------------------------------------|---|---|--|
| What treatment will I receive? | Estimated timescale for my treatment | what are the possible side effects of my treatment? | what medication will relieve my side effects? | |
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